



FREE

ACTIVE MEN'S HUB

Fridays 10:00am - 12:30pm

One Leisure St Ives Outdoor, PE27 6SJ

A welcoming space for men to socialise, boost mental well-being, improve fitness and have fun!

- ✓ Stay active with sports sessions and fitness classes led by qualified instructors.
- ✓ Recharge and connect with free teas and coffees between sessions.
- ✓ Support your mind and body in a friendly, judgment-free environment.

For more info, please visit www.huntingdonshire.gov.uk/menshub

Or scan the QR code!

